

Islamic Religious Education Teachers' Efforts to Face Social Media Challenges Among Junior High School Students

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Abstract

This study aims to observe the phenomenon of social media use among students of SMP Negeri 2 Belopa and the role of Islamic Religious Education teachers in preventing its negative impacts. A qualitative descriptive approach is used using normative pedagogic and theological approaches. Data was obtained through observation, interviews, and documentation at SMP Negeri 2 Belopa for 3 months. The findings showed that social media use hurt student's behaviour and academic performance, such as exposure to negative content and social media addiction. Effective strategies to prevent negative impacts include a personal approach with students, checking students' cellphones, and Islamic religious guidance. However, obstacles such as lack of parental support and environmental influences were also found. As a solution, it is necessary to increase student understanding through integrated education, strengthening cooperation between schools, parents, and students, as well as further studies on the effectiveness of strategies to prevent the negative impact of social media. This step is expected to create an environment that supports healthy and productive use of social media among students of SMP Negeri 2 Belopa.

Keywords: *teacher strategy, Islamic religious education, negative impact, use of social media.*

Introduction

Education can be defined as "a conscious effort to prepare students through guidance, teaching, or training so that they can best carry out their future life roles and tasks" (Faiqoh, 2019; Susilowati, 2022). Education is a process of guidance, learning, or training for humans to carry out their roles and life tasks optimally (Darim, 2020; Illahi, 2020).

Law Number 20 of 2003 concerning the National Education System, in Chapter I concerning the general provisions of Article 1 paragraph (1) states that: Education is a conscious and planned effort to create a learning atmosphere and learning process so that students can actively develop their potential in religious spiritual strength, self-control, personality, intelligence, noble character, and skills needed for themselves, society, nation, and state (Pemerintah Pusat, 2003).

National education is expected to help develop students' potential through the learning process and physical and spiritual guidance, by the previously established concept of national education (Fitria et al., 2019; Mulyani, 2019; Maharani & Syarif, 2022). From this explanation, it can be understood that education is a conscious effort made by individuals deliberately to achieve safety and happiness, and have noble morals, high skills, and intelligence to think through guidance and teaching.

In this increasingly sophisticated and advanced era, the role of education has become very crucial. Therefore, education needs to be improved, both in terms of fostering student morals and in improving the quality of teachers themselves, especially teachers of Islamic religious education subjects (Jawahir et al., 2020; Maranting, 2020; Lestari, 2022). This is becoming

increasingly important given the rapid advancement of technology, especially in terms of social media use.

The development of information technology today takes place very quickly, creating a massive transformation in society (Ainun et al., 2022; Hasriadi, 2022). This development can be observed in various aspects of life, including economic, political, social, cultural, and scientific (Sanusi, 2019; Muslimin et al., 2022; Meilita et al., 2023). Modern times are characterized by the use of technology in various aspects of human life as well as advances in science as a result of human intellectual development (Mau & Gabriela, 2021; Hasriadi, 2023).

The era of globalization has also given rise to the development of communication technology, where humans are increasingly interested in the use of social media (Rafiq, 2020; Sari & Basit, 2020). Social media has become a deep-seated global phenomenon in modern society.

This increasingly sophisticated technological advancement has created various conveniences and comforts (Munir et al., 2021; Tarantang et al., 2019). One result is easy access to the internet through social media. Students, as subjects and actors of education, become part of this development, which changes behaviour due to changes in the surrounding environment, especially with the presence of smartphones and applications that continue to grow (Lubis & Siregar, 2020; Zis et al., 2021).

Among teenagers, mobile phones and the internet are used as multifunctional tools (Darlan, 2020; Jermias et al., 2022; Nuramadan et al., 2023). However, its use can be positive or negative, depending on the individual. For example, the use of communication technology to aid in the learning process is positive, but its improper use can have negative impacts, such as accessing inappropriate content (Prihatini & Muhid, 2021; Suriani, 2022; Triana et al., 2023). The negative impact of social media use at SMPN 2 Belopa includes students' tendency to use their mobile phones during learning for activities that are not related to education. The lack of handling on the part of the teacher has made this behaviour a detrimental habit. Therefore, the purpose of this study is to explore in more depth the use of social media among students of SMP Negeri 2 Belopa, as well as identify strategies and obstacles faced by Islamic Religious Education teachers in preventing the negative impact of social media use on students.

Method

This research is qualitative descriptive research that aims to observe events that occur in the field related to phenomena that occur among students of SMP Negeri 2 Belopa. This study wants to answer the question of how the role of Islamic Religious Education teachers in preventing the negative impact of social media use in SMP Negeri 2 Belopa. In carrying out the research, several approaches were used, including pedagogic approaches to understand how teachers take action in preventing the negative effects of social media use, as well as normative theological approaches to link Islamic religious teachings with observed phenomena. The study was conducted at SMP Negeri 2 Belopa, Luwu Regency, South Sulawesi, over 3 months from October to December 2022. Primary data were obtained through interviews with school principals, Islamic Religious Education teachers, and students, while secondary data were obtained from references such as magazines, journals, and articles. Research instruments include interview guidelines, observation guidelines, and documentation. The data collection techniques used are observation, interviews, and documentation. To ensure the validity of the data, triangulation of data sources, methods, and timing are used (Moleong, 2017). Data analysis is carried out through data display to compile data systematically and conclusions and verification to formulate the meaning of data and draw conclusions from this study (Miles et al., 2013).

Result

Use of Social Media at SMP Negeri 2 Belopa

Social media has become an important need among today's learners. Along with the advancement of technology and information, almost all students have used various social media platforms such as Facebook, Whatsapp, Instagram, YouTube, and so on. According to interviews with Islamic Religious Education teachers, the use of social media by students, especially through mobile devices, has become common. Even not only among junior high school students, but also among elementary school students.

Social media is not only a tool for communicating and interacting online, but also an important channel for social association. Through the internet network, social media makes it easier for people to get various information needed, such as text messages, images, audio, and video, and facilitates easy content sharing.

The social media most often used by students of SMP Negeri 2 Belopa is Facebook. This phenomenon occurs because Facebook is one of the most popular social media platforms among teenagers today. The author's interview with Marhawani, S.Ag., an Islamic Education teacher at SMP Negeri 2 Belopa, revealed that:

"Currently, technological development is taking place very quickly. Almost all students have known and used social media, even some of them are addicted to the presence of social media. Although some students use social media for learning purposes, its use also has a negative impact."

The interview showed that most students are already familiar with social media, but it is undeniable that there is a possibility that some students misuse social media for negative things. The negative impact of social media use among SMP Negeri 2 Belopa students can be described as follows:

a. Viewing Negative Content

Negative content in social media refers to material such as videos or images that contain negative elements, such as pornography or content that can damage morals. This kind of material can be easily accessed by anyone using social media, regardless of how the platform is used. An interview with Ibrahim, S.Ag., an Islamic Education teacher at SMP Negeri 2 Belopa, highlights this understanding:

"Although we are aware that social media often contains inappropriate content, such as pornographic videos, we believe that students at SMP Negeri 2 Belopa generally do not see such negative content. However, we cannot rule out the possibility that some students break the rules and expose themselves to content of a negative nature."

Furthermore, in an interview with the principal, Salman, S.Pd., M.M., at SMP Negeri 2 Belopa, it was explained:

"Schools deal with the negative impact of social media by sanctioning students, conducting checks on students' mobile devices, and if negative content is found, schools will communicate with parents regarding the issue."

In the context of students' use of social media, Zahra Jamal, a grade VIII student, said:

"I mostly use Facebook and WhatsApp to communicate with friends and family. I can control myself not to see negative content."

Kanaya Annisa, a grade IX student, also added:

"Social media allows me to interact with my friends. Although I often see negative content, I try not to be influenced and stay focused on positive activities."

Additional information was provided by Rifal Fayyat, a grade IX student:

"Social media allows me to see inappropriate photos or activities that may not be publicly reported. This is often referred to as an 'update' on social media."

From the results of the interview, it can be seen that the negative impact of social media on SMP Negeri 2 Belopa students includes a lack of direct interaction with the surrounding environment and exposure to negative content.

b. Social Media Addiction

Social media addiction is a condition in which students use social media for an excessive period so that time that should be used for study or other activities is wasted. In an interview with Marhawani, S.Ag., an Islamic Education teacher at SMP Negeri 2 Belopa, it was revealed:

"Almost all students have smartphones and social media accounts, especially Facebook. This social media often makes students lazy to study and unruly, because they spend most of their time fiddling with information on social media, both at school and outside of school. However, not all students have such habits".

Rifal Fayyat, a grade IX student, stated:

"I'm often too engrossed in Facebook and TikTok, so I sometimes pretend I don't hear when called by my parents. I also often forget to do assignments from teachers".

A similar opinion was expressed by Kanaya Annisa, a student of grade IX:

"I often lose time because I'm too engrossed in Facebook and other apps. I often forget to do assignments because I am too engrossed in social media."

From several interviews, it was seen that students used social media more often than doing assignments or studying, and ignored time that could be used with more useful activities. The impact is also seen when students sometimes pretend not to hear the call of parents.

Islamic Religious Education Teacher Strategy in Preventing the Negative Impact of Social Media Use on Students at SMPN 2 Belopa

A strategy is a plan or steps taken to achieve a specific goal. Islamic Religious Education teachers need to have effective strategies to prevent the negative impact of social media use among students. Here are the strategies used, based on observations and interviews:

a. Performing an Approach

The approach is an attempt to understand and give advice to students on using social media wisely. Islamic Education teachers, such as Marhawani, S.Ag., and Ibrahim, S.Ag., from SMP Negeri 2 Belopa, explained:

"We use the approach as part of a strategy to prevent the negative impact of social media use. We advise students on good behaviour and judicious use of social media, although the effects may only be temporary."

b. Performing Checks

Examination of students' mobile devices is another strategy carried out by Islamic Religious Education teachers. The goal is to monitor the type of social media students use and prevent access to negative content. According to Salman, S.Pd., M.M., principal at SMP Negeri 2 Belopa:

"Schools are taking steps such as sanctioning and conducting checks on students' mobile devices. If inappropriate material is found, the school will contact the student's parents regarding the matter."

Ibrahim, S.Ag., also added:

"I sometimes check students' mobile devices during class time. If any student has negative content, their mobile devices will be confiscated and they will be penalized."

Students, such as Rifal Fayyat, class IX, confirm:

"We have a rule in our school where we are not allowed to use mobile devices during learning. In addition, there is a special time for mobile device inspection. I have always

adhered to the rules, and I have never experienced the seizure of devices by the teacher."

c. Provide Direction and Guidance on Islamic Religious Teaching

Providing direction and guidance on Islamic teachings is another important strategy for preventing the negative impact of social media. Teachers of Islamic Religious Education, such as Ibrahim, S.Ag., and Marhawani, S.Ag., explain:

"We provide advice and guidance on the teachings of Islam to students, including teaching them to use social media wisely. We stress the importance of interacting politely on social media and refrain from spreading negative content or consuming inappropriate content."

Based on interviews with various parties in schools, this strategy is believed to be able to have a positive influence in reducing the negative impact of social media use among students.

Challenges of Islamic Education Teachers in Preventing the Negative Impact of Social Media Use on Students at SMPN 2 Belopa

An obstacle is anything that can hinder the progress or achievement of a goal. In the context of the efforts made by Islamic Religious Education (PAI) teachers at SMP Negeri 2 Belopa, not all steps can run smoothly due to several obstacles faced. Here are some of the obstacles PAI teachers face:

a. Lack of Parental Support

Support from parents is very important in efforts to prevent the negative impact of social media use on SMP Negeri 2 Belopa students. Teachers have limited time in school, so support from parents is also needed. According to an interview with Salman, S.Pd., M.M., principal at SMP Negeri 2 Belopa:

"The school has informed parents every time the parents' association meeting to limit the use of children's mobile phones. However, many parents do not want to cooperate, which shows their lack of involvement in monitoring and guiding children at home. Maybe they feel that their role as parents is not very active because they think the teachers at school have provided good enough guidance."

The same thing was expressed by Ibrahim, S.Ag., PAI teacher at SMP Negeri 2 Belopa: "Yes, we often remind parents to limit the use of children's mobile phones in every student-parent association meeting."

Although teachers try to provide direction to parents, the indifferent attitude of some parents is one of the obstacles in efforts to prevent the negative impact of social media use on students.

b. Influence of the Surrounding Environment

The surrounding environment has a great influence on children's behaviour, including the use of social media. Salman, S.Pd., M.M., explains:

"One of the obstacles in efforts to prevent the negative impact of social media is the negative influence of the surrounding environment. Students can be swayed by the bad examples of social media use they see from those around them, both at home and in their circle of friends. Therefore, the school always reminds students to pay attention to the surrounding environment and choose friends wisely."

Ibrahim, S.Ag., added:

"I always advise students to choose friends wisely and remind them of the negative impact of social media use."

Kanaya Annisa, a grade IX student at SMP Negeri 2 Belopa, also stated:

"Our teachers are always reminded about the importance of making good friends and warning about negative behaviour on social media. They also encourage us to reprimand friends who share inappropriate content."

Based on the interview above, it can be seen that one of the inhibiting factors in PAI teachers' efforts to prevent the negative impact of social media is the influence of the surrounding environment. Therefore, PAI teachers continue to remind students to choose friends who have a positive influence and pay attention to the surrounding environment, because the surrounding environment can be one of the causes of negative impacts from using social media.

Discussion

Use of Social Media at SMP Negeri 2 Belopa

The use of social media among students of SMP Negeri 2 Belopa has become an unavoidable phenomenon. Along with advances in technology and information, almost all students, including those from the elementary level, have used various social media platforms such as Facebook, WhatsApp, Instagram, and YouTube. Social media provides convenience in communicating, sharing information, and social interaction online, but also has a negative impact if not used wisely.

One of the identified negative impacts is exposure to negative content, such as inappropriate videos or images. This negative content, such as pornography, can affect students' morality and behaviour. While schools have worked to control access to such content, there is still a chance that students are breaking the rules. Steps taken by schools include sanctioning violators and conducting student cellphone checks to control access to negative content.

In addition, social media addiction is also a serious problem. Students often spend excessive time on social media, neglecting schoolwork and more rewarding social interactions. This leads to a lack of focus on learning and behaviours that neglect responsibility. Proposed solutions include increasing understanding of the negative impact of social media through education, as well as encouraging students to use time more productively.

The association of the results of this study with theories about the impact of social media on adolescents can be found in previous studies that highlight the same phenomenon. For example, research (Andriyani & Ardina, 2021; Dewi et al., 2022; Rettob & Murtiningsih, 2021) suggests that exposure to negative content and social media addiction can have a similar impact on student behaviour. Therefore, the proposed solution is also in line with the recommendations of the study.

From this study, it can be concluded that the use of social media among students of SMP Negeri 2 Belopa has a significant impact on academic behaviour and performance. Therefore, there is a need for cooperation between schools, parents, and students themselves to reduce the negative impact of social media and promote responsible use.

Islamic Religious Education Teacher Strategy in Preventing the Negative Impact of Social Media Use on Students at SMPN 2 Belopa

The strategy implemented by Islamic Religious Education teachers in preventing the negative impact of social media use on SMPN 2 Belopa students has undergone various adjustments and developments. Based on observations and interviews, several effective strategies have been identified:

- a. Approach: Teachers use a personal approach with students to understand their social media usage patterns. They provide advice and warnings about appropriate and inappropriate behaviour in the use of social media. This strategy aims to guide students in using social media wisely (Bakistuta & Abduh, 2023).
- b. Conduct Mobile Phone Checks: Teachers and schools conduct student phone checks to control their access to negative content. This step also serves as a test of student

compliance with school rules. Students who violate the rules will be sanctioned (Rahmawati & Hasanah, 2021).

- c. Providing Direction and Guidance on Islamic Teachings: Teachers provide guidance and guidance based on Islamic religious teachings on good use of social media. They invite students to use social media with polite speech and not spread negative content. The teachings of Islam also remind students that all deeds will be accounted for in the Hereafter (Yusuf et al., 2023).

The linkage of this strategy with theories about negative impact prevention approaches of social media has been examined by (Wahid, 2023). The results showed that approaches involving teachers and religious teachings could have a significant impact on preventing negative student behaviour related to social media.

As a solution, practical steps that can be taken include raising students' awareness about responsible social media use, strengthening cooperation between schools and parents to monitor students' online activities, and integrating religious values in approaches to preventing the negative impact of social media.

Challenges of Islamic Education Teachers in Preventing the Negative Impact of Social Media Use on Students at SMPN 2 Belopa

The obstacles faced by Islamic Religious Education (PAI) teachers in preventing the negative impact of social media use on SMPN 2 Belopa students have been identified as follows:

- a. Lack of Student-Parent Support: Parental support is critical in addressing the negative impact of social media on students. However, the lack of support from parents, reflected in their reluctance to limit children's mobile phone use, is one of the main obstacles. Although teachers have informed this at parent union meetings, there are still many parents who do not cooperate in monitoring and guiding their children (Mumu et al., 2019).
- b. Environmental Influences: The surrounding environment, including family and friends, also plays an important role in students' use of social media. Bad examples given by people around students, both at home and in their circle of friends, can affect students' behaviour in using social media. Although teachers have warned about the importance of choosing friends wisely and about the negative impact of social media, the influence of the surrounding environment is still an inhibiting factor (Liedfray et al., 2022).

The relationship of research results with theory shows that theories about the influence of the social environment have strengthened understanding of the factors that influence student behaviour in using social media. A study (Fazry & Apsari, 2021) Highlights the importance of the role of parents and the surrounding environment in shaping adolescent behaviour related to social media.

As a solution, steps that can be taken include raising parents' awareness of the importance of monitoring and guiding their children in social media use, as well as strengthening cooperation between schools and families to create a supportive environment for students to use social media responsibly.

Conclusion

This study aims to explore the use of social media among students of SMP Negeri 2 Belopa, as well as strategies and obstacles faced by Islamic Religious Education teachers in preventing the negative impact of social media use on students. The main finding of this study is the negative impact of social media use, such as exposure to negative content and social media addiction, which can affect students' behaviour and academic performance. Effective strategies

in preventing the negative effects of social media include a personal approach with students, checking students' cellphones, and providing direction and guidance on Islamic religious teachings. However, there are obstacles such as lack of parental support and environmental influences that also need to be overcome.

Efforts need to be made to increase students' understanding and awareness of responsible social media use through the implementation of integrated education in the school curriculum. In addition, cooperation between schools, parents, and students needs to be improved to create an environment that supports healthy and productive use of social media. This can be done by providing a deeper understanding of the impact and prevention strategies of the negative impact of social media on SMPN 2 Belopa students, as well as strengthening the relationship between theory and practice in the context of Islamic religious education. In addition, further studies need to be conducted on the effectiveness of broader and in-depth negative impact prevention strategies for social media, involving various parties such as teachers, students, parents, and education experts. Further research can also explore other factors influencing students' social media use and develop more holistic and integrated solutions.

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